



## Coaching/Management Line-Up 2020 Season

The Alexandra Premier Rugby Team the Armadillo's Coaching Team for 2020 has been announced and is as follows:

Head Coach :	Trevor Washington
Assistant Coach (Back's):	Daniel Rolton
Assistant Coach (Forward's):	Terry Monaghan
Fitness/Skills Coach:	Ben Sanders
Fitness/Pre Season Asst:	Lee Wilson
Technical Advisor:	Tony Sanders
Manager:	Marty Rendall
Assistant Manager's:	Kevin Malcolm & Nathan Cradock
Physio:	Sean Molony (Alexandra Physio)
Medic:	Stephane Legeay

The Team would also like to provide the following important dates

25 <sup>th</sup> December 2019:	Santa will visit.
16 <sup>th</sup> January 2020:	Pre Season Training Starts 7PM then every Tuesday and Thursday evening 7PM thereafter
22 <sup>nd</sup> February 2020:	Clyde 10 aside tournament

Pre-Season games are still to be confirmed

Competition Starts Sat 21<sup>st</sup> March (Date to be confirmed)